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God’s message

(Anxiety & Worry)

In the multitude of my thoughts within me, your comforts delight my soul.

Psalm 94:19

13

casting all your worries on him, because he cares for you.

1 Peter 5:7

2

Anxiety in a man’s heart weighs it down, but a kind word makes it glad.

Proverbs 12:25

11

Trust in Yahweh with all your heart, and don’t lean on your own understanding. In all your ways acknowledge him, and he will make your paths straight.

Proverbs 3:5-6

4

Peace I leave with you. My peace I give to you; not as the world gives, I give to you. Don’t let your heart be troubled, neither let it be fearful.

John 14:27

9

You will keep whoever’s mind is steadfast in perfect peace, because he trusts in you.

Isaiah 26:3

6

Therefore don’t be anxious for tomorrow, for tomorrow will be anxious for itself. Each day’s own evil is sufficient.

Matthew 6:34

3

Which of you by being anxious can add a single hour to his lifespan? If then you aren’t able to do even the least things, why are you anxious about the rest?

Luke 12:25-26

12

In nothing be anxious, but in everything, by prayer and petition with thanksgiving, let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your thoughts in Christ Jesus.

Philippians 4:6-7

1

For I, Yahweh your God, will hold your right hand, saying to you, ‘Don’t be afraid. I will help you.’

Isaiah 41:13

14

When I am afraid, I will put my trust in you.

Psalm 56:3

7

Come to me, all you who labor and are heavily burdened, and I will give you rest.

Matthew 11:28-30

8

Cast your burden on Yahweh and he will sustain you. He will never allow the righteous to be moved.

Psalm 55:22

5

I sought Yahweh, and he answered me, and delivered me from all my fears.

Psalm 34:4

10